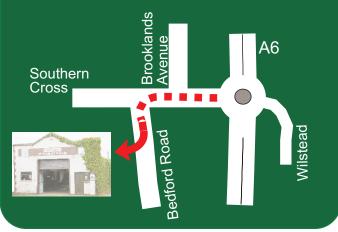
# **DAVIES BROS**

## **M.O.T. Testing Centre**

#### Cars, Motorcycles, Light Commercials Also Diesels and Catalysts free re-tests

Mondays - Fridays 8.30am - 5.30pm Saturdays 8.30am - Ipm (March-Sept)

#### 133 Bedford Road, West Wilstead (Wixams) Telephone: 01234 740252



LAKESIDE

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CAFÉ BAR

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The team here at the new **Lakeside Cafe Bar** would like to thank our neighbours for their outstanding support over the last few months. We look forward to serving you again very soon. What's going on at the Café Bar this month?

#### **Coffee Morning**

Every weekday Morning til 2pm. Any gourmet coffee and any piece of cake for £3.75

Every Tuesday evening. 2 x 12inch hand made pizzas with 2 toppings each, all for only £10.

Happy Hour - Every Friday and Saturday from 4:30-6:30 -2 for I on beers, £I off glasses of wine or buy 2 glasses and get the rest of the bottle FREE. Come & Get Involved..!

Sun: 10 til 4 Th Mon: Closed Fri Tues: 10-2 & 4-9 Sa Weds: 10-2 & 4-9

Thurs: 10-2 & 4-9 Fri: 10-2 & 4-10 Sat: 10-10

Lakeside Café Bar Brooklands Avenue 01234 741116 Telephone orders welcome



Barratt School ance

Children's dance classes from age 2+

\*\*NEW MummyFit\*\* (Fitness class for mums with babies)

STREET

DANCE

**JAZZ AND STRETCH** 

Ballet

MUSICAL THEATRE

TAP

For more information please visit www.barrattschoolofdance.co.uk Follow us on Facebook



Graeme Coombes, Continued from page 3 5.Energy Advice Energy bills and keeping warm can be difficult for some as temperatures drop. For advice on bills and keeping warm call the Home Heat Helpline 9am-6pm Mon-Fri free on 0800 336699.

6.Winter Flu Vaccine

Bedford Council has issued a reminder to residents that they may be eligible for a free flu jab to protect them over colder months. Residents wanting the flu jab should contact their GP.

Tel: 07815 302 318 E-mail: wilshamstead.ward@yahoo.co.uk Facebook: Cllr. Graeme Coombes Wixams News delivered by 25 members of Wixams Neighbourhood Watch

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