



Wixams News

Neighbourhood
Watch

January 2020

Published by Wixams Neighbourhood Watch, part of Bedford & District NW Association



Wixams NW National Award
for Community Cohesion
London June 2014

Caring for the community - Without Prejudice

heavy goods vehicles... G-Park Planning Application



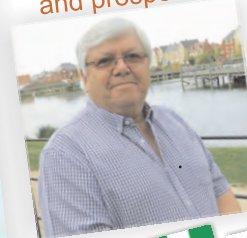
Three new warehouses are to be built near the top of Brooklands Avenue within 90 metres of the nearest home and with 24/7 operating hours. **The deadline for responding to this application is Tuesday 28th January.**

Read more inside...

ActionFraud
National Fraud & Cyber Crime Reporting Centre
actionfraud.police.uk



“On behalf of all my fellow councillors may I wish all our residents in WIXAMS, especially recent ones in Willow Grove and Wixams Retirement Village, a very happy and prosperous New year for 2020!”



Anthony Pedder,
Chairman,
Wixams Parish
Council



THEY'RE OUT TO
PINCH YOUR PIN



Wixams Parish Council



WINNER! ENTRANCE SIGNS DESIGN COMPETITION

Congratulations to 11-year-old William who won the Parish Council competition to design the entrance signs for Wixams. William won the iPad, and the two runners up, Myah and Aaron, each won £30 book tokens. The council will now get to work on having the signs made. Thank you to all of you who submitted your designs – an overwhelming response!

Speeding



The Parish Council remains aware of the issue of speeding in Wixams; recording by the police has evidenced the speed problem. At the December meeting, the Parish Council agreed to the purchase of two Speed Feedback Signs from Morelock – you will probably be familiar with these signs from other towns and villages. The aim of these is to deter speeding and also to provide data on the severity of the speeding. The Borough Council have placed restrictions on Speed Feedback Signs on certain streetlights, so it's likely we will have to have separate poles installed – this could cause a delay. Incidentally this is the reason the improvements to the CCTV cameras has not yet occurred; the council is working through this. To remind you, Wixams is still on the Borough Council waiting list for average speed cameras for Green Lane and Bedford Road and the Parish Council have pledged £15k of funding to assist in obtaining these cameras.

Cont.

Reported crime

Crimes reported in Wixams up to 17th December

01/10/2018 -08/12/2019

Harassment - without violence

16/11/2019 16:22

Malicious Communications Act 1988

25/11/2019 13:00- 13:30

Malicious Communications Act 1988

29/11/2019 19:00-30/11/2019 14:00

Brooklands Avenue Theft of Pedal Cycle

30/11/2019 22:00-01/12/2019 09:15

Dane Lane Theft of a motor vehicle

01/12/2019 00:00 Robins Heath Theft

02/12/2019 18:50-19:10 Bedford Road

Burglary

07/12/2019 12:02-12:06 Harrier Leys

Affray

07/12/2019 12:02 Harrier Leys

Assault without Injury

14/12/2019 14:00-15:00 Dane Lane

Assault (ABH)

14/12/2019 15:00 Harassment - without violence

14/12/2019 08:58 Malicious

Communications Act 1988

The crime report is provided by Bedfordshire Police with volunteer help from Bedford & District Neighbourhood Watch.

CCTV is in operation in the Wixams.

Bedfordshire Police, in collaboration with Wixams Parish Council, are able to view footage if crimes have been committed. Note: the Police need a location and a time.

Experienced Accountant available to prepare Accounts, support Self-Assessment submissions (online 31st January 2020), help small businesses grow or act as a Part Time Finance Director. Initial review free, call me now on 07758 157051 or email saqhib.ali@gmail.com

999 - Emergency

where there is a risk of:

- personal injury
- loss of life
- crime in action

101 - Non emergency

- Reporting a crime that is no longer in progress
- Giving information about a crime
- Reporting theft of property
- Contacting local police officer
- Getting update reported crime
- Suspicious incidents

To **report online** non-emergency crimes, incidents or give the police information, go to www.bedfordshire.police.uk/report

Additional contact methods can be found at www.bedfordshire.police.uk/contact.aspx See also www.police.uk

Crimestoppers - 0800 555 111
crimestoppers-uk.org

For further information on **Wixams Neighbourhood Watch** see www.wixams.org.uk/wnw, facebook, or email Alan at wnw@wixams.org.uk

Bedford & District Neighbourhood Watch - bedfordnhw.ourwatch.org.uk

The aim of Wixams Neighbourhood Watch (WNW) is to help develop safer local communities and improve the quality of life. Members of WNW deliver the Wixams News in Wixams.

A warm relaxing and friendly tots group run by Wixams Church every Friday in term time 10am-11.30am

Little Stars
Shine like stars in the universe

Lakeview Village Hall

Opinion



Jewish boy arrested in the Warsaw ghetto by the SS, 1943

On Holocaust Memorial Day, 27th Jan. we remember the six million Jews murdered in the Holocaust, and the millions of people killed under Nazi Persecution, and in the genocides which followed in Cambodia, Rwanda, Bosnia, and Darfur.

In the terror of the holocaust there were noble examples of courage: Sir Nicholas Winton, who rescued 669 children from Nazi-occupied Europe; Corrie Ten Boom's family, who hid Jews in their house in Harlem, only for themselves to be arrested and killed.

But sadly antisemitic hatred is still alive today. A British comedian recently tweeted 'from the river to the sea' - referring to the attempt to push Israeli Jews into the Mediterranean sea. The BDS movement is widely recognised as antisemitic.

That's why on 27th January 2020 we need Holocaust Memorial Day. See www.hmd.org.uk

Thanks - Alan



Wixams News deadline - Friday

31st January 2020 for any copy, news adverts or changes to existing adverts.

Contact wnw@wixams.org.uk

47 Green Lane, Wixams, Bedford,

MK42 6DA www.wixams.org.uk/wnw

The next Wixams News will be published mid February.

Wixams Parish Council cont.

Next Parish Council Meetings

Our next meetings will be on **20th January, 17th February and 16th March** at Lakeview Village Hall – members of the public are very welcome.

Look out for our agenda for the next Parish Council meeting which will always be published on our website at least 3 working days before each meeting.

You can also view past minutes and find out who your councillors are, how you can contact them and what they look like!

Our website is:

www.wixamsparishcouncil.bedsparishes.gov.uk (or just Google 'Wixams Parish Council')

Draft development plan for Wixams Oct 2019 - see Parish Council website



Wixams Parish Councillors

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Robbin Brough, Clerk to the Council

Wixams Parish Council

wixamspc@gmail.com

Tel 07554443800

Buggy Bootcamp

Fitness classes for mums with their babies and toddlers – bring your little ones to class – no need for a creche

**NEW INDOOR CLASS @ LAKEVIEW VILLAGE HALL
TUESDAYS @ 13.30PM – starting 7th Jan 2020**

Circuit exercise class & weekly weigh in - body measurements – food diary – nutrition advice

Contact Jo 07896040084 /info@buggy-bootcamp-bedford.co.uk

ALL ABOUT DOGS

Wixams based dog walking services



Mel 07450432535

FB allaboutdogswixams

Fully insured
Multiple dog discount
Ad hoc requirements

DAWNUNTILDUK
CHILDCARE

Lakeview Pre-School



Happy New Year
2020

Thank you to all our families that attended our Christmas Craft afternoon. The children sang Christmas songs to their families then had a fabulous time creating decorations and treats.

February Holiday Club

We will be taking bookings soon for our February Holiday Club.

Please go to our website to book a place
www.kidsdawnuntildusk.co.uk

Call Head Office for Holiday Club enquiries on 01234 930505



Five tips to beat the winter blues

If getting out of bed in the morning is even harder this month, you may not be imagining it.

The lack of sunshine, combined with the psychological effect of the shorter days, effects eight out of ten of us in one way or another.

Here are my five top tips to help you feel more motivated as we head towards spring.

Prioritise sleep. It is so important to our overall wellbeing. Get in bed at least half an hour before you plan to go to sleep and prepare for the ultimate fuff around which we all do, right?

Sunlight. Walk to the shops, hijack the family dog or sit next to a well-lit window. Natural sunlight regulates our internal body clock, hormones and even our metabolism.

Eat expensive chocolate. During the darker months we begin to crave an amino acid called tryptophan, found in dark chocolate. Tryptophan is involved in the manufacture of the feel-good hormone serotonin. Choose a high cocoa bean content for best effect.

Plan. Research has shown people who travel get a greater boost of happiness from the anticipation of the trip than the trip itself. So, think about where you would like to visit, plan days trips out, imagine sitting on a warm beach, sipping drinks...

Self-care. Soak in a bath, read a book, retail therapy (yep I said it), listen to a podcast. Do something that makes you feel good. This will lift your mood and self-confidence!

Laura Thomas

M.Ed, BSc (Hons), Dip Couns.

www.laurathomascounselling.co.uk

Ed : Laura lives in Wixams



Councillor GRAEME COOMBES

Reporting to Wixams January 2020

The start of a new year is a good opportunity to look forward, try to get fitter after any Christmas 'binging' and for making new resolutions and lifestyle changes. If you make any new year resolutions, I wish you good luck in maintaining them and achieving your goals for the year!

At the Borough Council, we will hit the ground running, with early discussion of the Local Plan 2030, which has now been passed by the Planning Inspector as 'sound'. The Local Plan is a major piece of work and will look at housing, employment and associated infrastructure over the next 10 years.

Additionally, later this month we'll be approving a Council budget for the year 2020/21, which will have implications for the amount of Council Tax that the Mayor sets and the services that the Council will provide.

I am also planning a meeting with our local MP, Nadine Dorries, in her role as Health Minister, to discuss the absence of a local GP service at Wixams. The Borough Council planning team have been in discussion with the Bedford CCG about a facility in Wixams town centre and I am keen to exert as much pressure as possible on the BCCG to act.

At the end of March, after further delays, the closed section of the A6 should re-open, making it easier to go south and sparing the people of Wilstead an endless procession of traffic through their village.

Can I take the opportunity to wish all Wixams residents a very happy New Year and all the very best for 2020.

Tel: 07815 302 318

E-mail: wilshamstead.ward@yahoo.co.uk

Facebook: Cllr. Graeme Coombes



Wixams Community Group

www.wixams.org/community-group



Christmas Decorations Competition

www.wixams.org/christmas-competition

WINNER



If you walked through Wixams around the Christmas time last year you will have found yourself immersed in a festive atmosphere filled with cheerful lights and decorations from many houses.

We started this competition as a way to appreciate the wonderful ideas and care our residents have put into making Wixams a wonderful place to be in the Christmas season. Our judges were delighted as they walked around Wixams in search of the best dressed, festive house, so thank you to everyone participating.

The winner

We are sure that many of you walked past this strikingly decorated house with the same "Wow"-look on your faces! Congratulations to the winner and we hope you are enjoying your prize.

A huge thank you to Budgens for donating another fantastic prize for this competition.

We can't leave the runner up unmentioned, as we think that the decorations of this house were absolutely fabulous.

There were so many beautifully decorated houses, as you can see in the images below. Please visit the page above to see more photos and to read about this competition.

Runner Up



Black Cricket Animal Services

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www.blackcricket.co.uk/pet-care-services

Providing outstanding care for your precious pets as if they were our own.
Exotic species specialist.

pet sitting ~ pop-in visits ~ walking ~ boarding
pet taxi ~ new enclosure set up

Experienced, highly qualified, first aid, fully enhanced DBS, insured,
registered & licenced, references and a passion for animal care

Email: petsitting@blackcricket.co.uk Tel / text: 07922155565

www.facebook.com/BlackCricketAnimalServices

Collection for Bedford's Homeless

www.wixams.org/homeless-collection



We are supporting the Bedford Homeless Partnership in their appeal to collect items for rough sleepers in Bedford. The Wixams community has a big heart and with your help we will be able to put together a big contribution that could be very important to Bedfordians who have to spend this winter on the streets in the cold.

We will be running a drop-off session in the Village Hall. If you can donate any of the items listed below, please find us at:

Lakeview Village Hall

Saturday 25th January

12-15 pm

No matter how big or small your contribution, everything matters and we thank you for participating! We will be donating the items to the Bedford Homeless Partnership on behalf of the Wixams community.

Please visit our page above for more information and find out about the Bedford Homeless Partnership at www.bedfordhomeless.org.uk.

Items that are needed:

- Warm hats, gloves & socks
- Clean clothing & blankets
- Wet wipes
- Roll-on-deodorants
- Hairbrushes
- Body creams & lotions
- Toothbrushes & toothpaste
- Cereal bars
- Chocolate bars
- Crisps & crackers
- Puzzle books & novels
- Colouring pens & books
- Torches
- Small umbrellas

Please don't give:

- Dirty clothing or bedding
- Medicines or painkillers
- Alcohol
- Knives, penknives, corkscrews
- Scissors
- Perishable foods
- Bars of soap



G-Park Planning Application

We have been made aware that some Wixams residents have been notified about a planning application for **3 new warehouses** at Bedford Road, close to residential areas.

These warehouses will potentially impact life in Wixams with additional traffic, noise, road safety, pollution, obstructed views and other issues.



All Wixams residents can send their comments about this application to Bedford Borough Council, and we would like to encourage everyone to do so.

You have a say and your views must be considered by the Planning Committee.

Please visit our page below which contains the following information to help you:

- What is being built
- Maps & plans
- Other commercial developments in Wixams
- Possible concerns
- Step-by-step instructions on how to oppose or support the application

The deadline for responding to this application is Tuesday 28th January

www.wixams.org/g-park

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We provide some of the well known brands, types and styles. We can cater for all types of customers looking for both luxury and good value flooring to meet a range of needs and suit any budget.

Contact us: Tel: 01604 374621 / 07925597605



Wixams Book Club

Did you know that Wixams has its very own book club? If you love reading and enjoy interesting chats with friendly people in a relaxed atmosphere, why not join us?

We meet once a month in the evening to unwind and discuss our latest book. Some examples of past reads are:

- The Handmaid's Tale
- Becoming
- The Homegoing
- Secret Pigeon Service
- The Story of Arthur Truluv
- The Prison Doctor



New members very welcome! Email: wixamsbookclub@yahoo.com

Wixams Turfing & Landscaping Services

Hi my name is Jason, I have lived in Wixams for 8 years and have been in the Turfing & Landscaping Business for 10 years

I would like to bring my experience to your outside space so that you can enjoy it throughout the year. If you would like a full or part transformation or simply a garden tidy or haven't the time for upkeep of your garden please give me a call or drop me an email and I will be pleased to give you a free quote.

E-mail wixamsturf@gmail.com
Contact Jason 01234 743302, 07484651015

every Sunday everyone is

Welcome to

Christ the Word Wixams

church service 10.30-11.30am

Munson Room, Lakeview Village Hall
www.christthewordwixams.org.uk

Wixams Sunday Club

ages 4-10, 3 to 4pm
every Sunday term time
Lakeview Village Hall

IGNITE
Ages 10-14, Tuesday 6.30 - 7.45pm
Alan & Anne Pibworth
Chris & Becca Clarke
word@wixams.org.uk

Burr's Garage Ltd

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Mob, 07777656767,
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Wilstead,
MK45 3DN

Monday to Friday:
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PERFORMING ARTS CLASS

THIS FUN 1 HOUR CLASS CONSISTS OF SINGING, DANCING AND DRAMA. STUDENTS WILL HAVE FUN, BUILD CONFIDENCE AND STRETCH THEIR IMAGINATION.

IF YOUR CHILD LOVES TO PERFORM, COME ALONG FOR A FREE TASTER SESSION. TO BOOK CALL 07749091885.

LAKEVIEW VILLAGE HALL, WIXAMS - SATURDAY'S 9.30-10.30AM.
BALLET CLASSES ALSO AVAILABLE - MONDAY'S 3.30PM & 4.00PM
WWW.SHINETHEATRESCHOOL.CO.UK

Lakeside Fish & Chips

Lakeside offers a variety of fresh and homemade choices for all the family.

Fish wraps and fish tacos if you are in the mood for something different or mini meals for those who want a lighter option.

Do come in and give us a try if you haven't already.

We look forward to meeting and feeding you soon.

Mark & Helen



Opening Times
Lunch Tues-Fri
11am-2pm
Dinner Mon-Fri
4.30pm-9pm
Open all day Saturday
12-9pm



Tel: 01234 743 942
www.lakesidewixams.co.uk

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- Free Sexual Health Service
- Free Prescription Collection & Delivery

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1 Crossroads, Wilstead, Bedford MK45 3H

BEGINNERS ADULT BALLET
with former West End Professional

Every Monday 1.00pm-2.00pm
Retirement Village - Wixams

Dedicate an hour to yourself, release your inner ballerina and enjoy the beautiful classical music. Ballet is a great form of exercise and helps improve posture, flexibility, coordination and strengthens and tones muscles.

Clear your mind and have a better sense of well-being.

Contact Louisa on 07749091885 or message

Shine Theatre School, Wixams.

Wixams News delivered by 25 members of
Wixams Neighbourhood Watch